

# March 25, 2017

### **BE INSPIRED – BE INSPIRING**

What inspires you? There are so many reasons we run. Often we want to honor the life, the struggle or the memory of a friend or loved one. The dedication of our race can be very meaningful and motivating to each of us as runners. Moreover, it can mean so much to that person or family that we choose to honor with our own struggles to train for and run a 13.1 mile race.

## **INSPIRATION WALL**

For 2017, we are introducing the INSPIRATION WALL. A large banner containing the names of runners and honorees will be displayed at the YMCA in the days leading up to race day. Runners are invited to search for their names and the dedication/cause for which they are running. We invite them to sign this INSPIRATION WALL as an affirmation to those who touch us all.

PARTICIPATING RUNNERS WILL BE ISSUED A SECOND BIB TO BE PINNED ON THE BACK OF THEIR SHIRT - REFLECTING THEIR COMITTMENT AND DEDICATION



#### Who INSPIRED you? Who do you want to INSPIRE? REGISTER FOR YOUR RACE THEN NOTIFY US BY EMAIL AT

braverunner67@gmail.com

Subject: Inspiration Wall

**Examples** 

John Doe is running in memory of Grandpa Doe Johanna Smoe is running in honor of Wounded Warriors Bill Sloe dedicates this race to his friend John Wayne

Make March 25, 2017 a very special day as you honor those who mean so much to you!

## FOR MORE INFORMATION AND REGISTRATION VISIT

www.milesinmartinsville.com

OR

wwwmartinsvillebulletin.com